

The Application of Person-Centred Care and Dementia Care Mapping *International Perspective: Spain*

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Alzheimer Catalunya

iPSS

Dementia Care Mapping (DCM)

Kitwood & Bredin 1992

- Observational tool to improve the quality of person-centred care with people with dementia
- Used in a process of repeated cycles of evaluations over time
- Rich data provided by in-depth observations
- Complex method - takes 3 days training to qualify as a basic user



The DCM tool

- Continuous observation over six hour period
- One mapper observes 5-7 people with dementia in public areas
- Recording occurs every five minutes
- Recording Frames:
 - Main Behaviour type
Behaviour Category Code
 - Observed level of well being -
Wellbeing/illbeing Value
 - Personal Detractors
 - Positive Events



What information DCM provides

- Individual and group levels of well-being and ill-being across the day
- How people with dementia spend their time
- Staff behaviour that will promote personhood
- Staff behaviour that will undermine personhood



Action planning

- At an individual care plan level to improve well-being
- At a group level to improve the organisation of care towards one that is resident focussed
- At a management level to look at resource allocation, training needs and staff development



Brief Introduction to the Dementia Field in Spain

- Spain's cultural diversity: Castillian, Catalan, Basque and Galician.
- History of care providers: Family care providers vs. professionals care providers
- The origin of social support services
- The development of dementia specific services
- Professionals in the dementia field: Neurologist and Neuropsychologist



Shared Images



**Diminished
Personhood**



Shared Images



Needs



- Can we do something else?
- Can we think about another approach?
- How can we better help them?



Common Issues in the definition / PCC (Person-centred dementia Care. Brooker, 2007)

- Value people with dementia and care staff**
- Treat people as an individual and individualised**
- Look at things from the perspective of the person with dementia**
- Recognise people as social human beings and the need to compensate**



Person Centred Care in Spain

- Person-centred care issues are a common worry
- Identifying the need for a developmental tool
- Bringing DCM into Spain / An extended process.

