

# DCM Experience in Portugal

RUI BARROS de ABREU

Copenhagen | October 4th 2007



# DCM Experience in Portugal

---

1. The Country
2. Alzheimer Portugal
3. Dementia
4. Person Centre Approach
5. Dementia Care Mapping
6. The Future



Member of

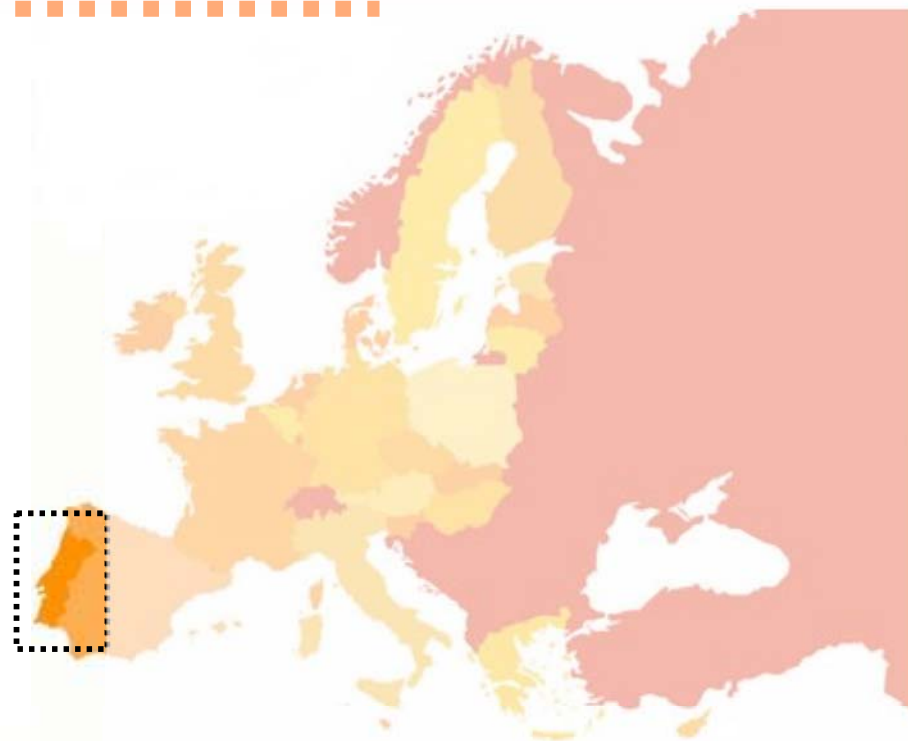


# 1. The Country

---

## Portugal

10 569 592 habitants



Member of

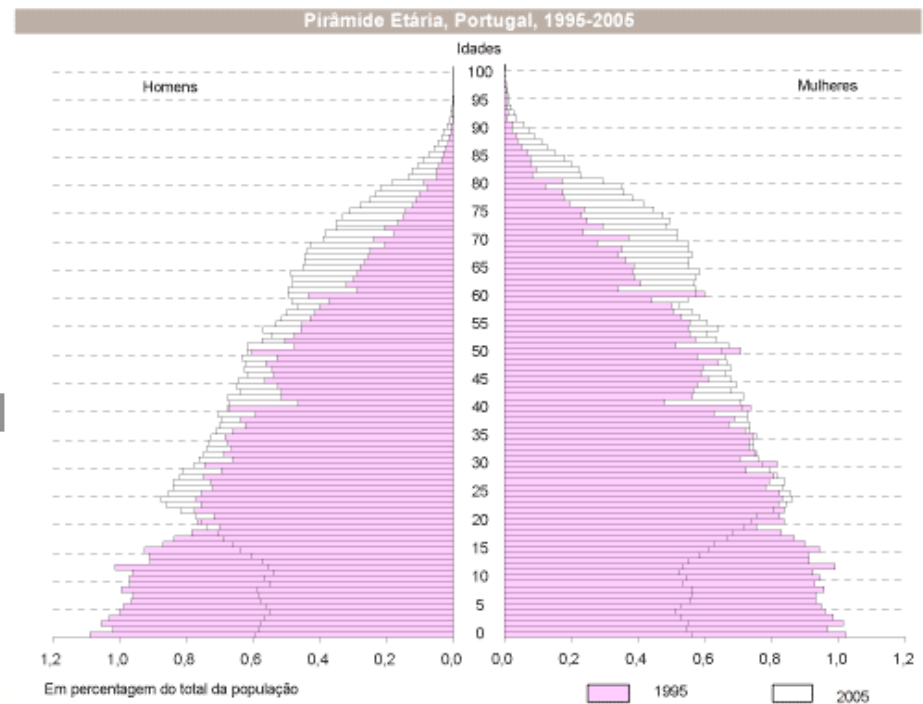


# 1. The Country

## Portugal

10 569 592 habitants

17,01% Over 65 years old



Member of



# 1. The Country

## Social Support Network

Care Setting Type	%	Number
Day Care Centre	34	1233
In Home Service Care	32	1184
Nursing Home	20	740
Community Centre	10	372
Family Shelter	3	101
Assisted Living Units	1	30
Total	100	3661



Member of



## 2. Alzheimer Portugal

---

Non profit organization, created in 1988

- .Promote awereness, information and research
- .Support and advocate for people with dementia and caregivers
- .Create models of care



Member of



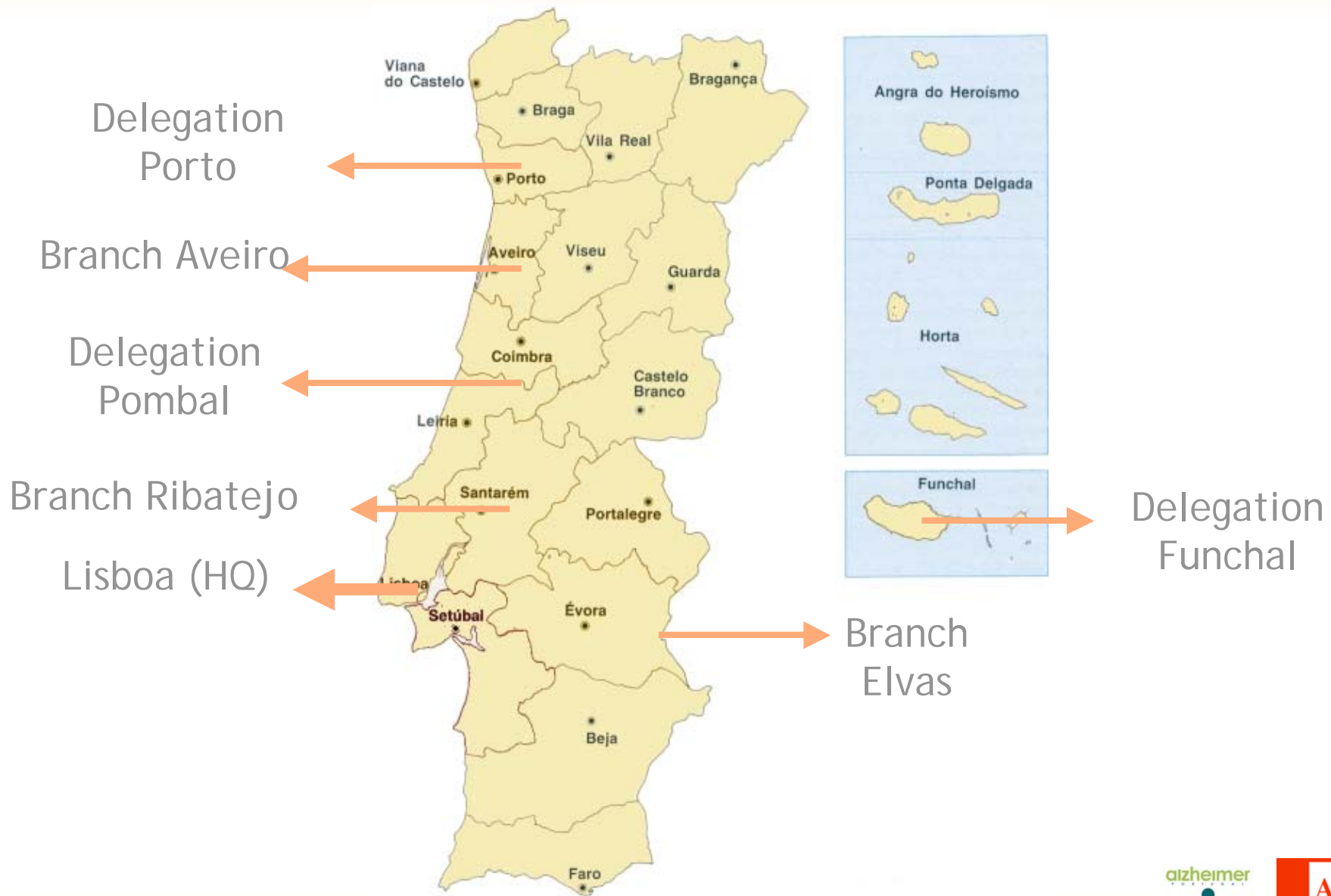
# 2. Alzheimer Portugal

5892 Members



Member of





# 3. Dementia

---

103 690 People with dementia  
(eurodem)



- .No Chronic Disease Status
- .No Legislation (except 1 reference)
- .No National Strategy or guidelines
- .No funding for research (except for new substances or medical research)



Member of



<b>Subject</b>	<b>Page</b>
<b>Ach (2)</b>	<b>21; 66</b>
<b>Amyloid-Beta (18)</b>	<b>2; 6; 11; 27; 33; 57; 63; 64; 89; 93; 97; 99; 102; 117; 118; 123; 128; 132</b>
<b>Apoptosis (3)</b>	<b>30; 90; 96</b>
<b>Axonal Transport (1)</b>	<b>56</b>
<b>Dementia with Lewy Bodies (2)</b>	<b>48; 114</b>
<b>Drug Development (9)</b>	<b>13; 40; 73; 92; 94; 100; 119; 125; 131</b>
<b>Electroencephalography (2)</b>	<b>25; 76</b>
<b>Galantamine/Rivastigmine (3)</b>	<b>47; 61; 87</b>
<b>Genotyping and Related (12)</b>	<b>15; 26; 31; 41; 44; 68; 81; 104; 105; 115; 116; 133</b>
<b>Grow Factors (2)</b>	<b>67; 110</b>
<b>Infectious Diseases (3)</b>	<b>106; 111; 113</b>
<b>Lipids (2)</b>	<b>4; 49</b>
<b>MCI (6)</b>	<b>8; 16; 17; 80; 88; 101</b>
<b>Metabolism (5)</b>	<b>20; 34; 62; 82; 95</b>
<b>Mitochondria (11)</b>	<b>8; 16; 17; 80; 88; 101</b>
<b>MRI (3)</b>	<b>14; 35; 109</b>
<b>Neuropsychologi (3)</b>	<b>69; 70; 130</b>
<b>Neurotoxicology (1)</b>	<b>38</b>
<b>Oxidative Stress (16)</b>	<b>5; 19; 36; 37; 39; 43; 45; 46; 55; 59; 60; 65; 71; 77; 126; 127</b>
<b>Presenilin (3)</b>	<b>22; 103; 121</b>
<b>Proteases (1)</b>	<b>52</b>
<b>Proteins (4)</b>	<b>51; 85; 108; 124</b>

  
 Fonte:  
 Erica Marcelino,  
 Alzheimer Portugal 2007  




Member of



# 4. Person Centered Approach

---

Pressing - Lobbying - Campaigning...

## Ideal vs. Possible

.Promote Person Centered Approach

(change practice and speech)

.Create Models of Care

# 5. Dementia Care Mapping

---

Decision to be trained and implement DCM in Portugal ...

- .Need to evaluate our work
- .Create quality standards
- .Share knowledge and principles



Member of



# 5. Dementia Care Mapping

---

Basic and Advanced 2004/2005

.Introducing to Community

..Staff meetings

..Conferences

..Workshops on PCC

..APFADA's Communication Tools



Member of



# 5. Dementia Care Mapping

---

Conducting DCM Evaluations (UB MSC Module)

- . Work concepts within practice
  - .. APFADA's Day Care Centre
  - .. APFADA's Partners
  - .. Other interested institutions



Member of



# 5. Dementia Care Mapping

---

Conducting DCM Evaluations (UB MSC Dementia Studies Module)

. Campaigning and Fund Raising

.. prove credibility

.. importance of such a tool

.. Potential Impact

# 6. The Future

---

Keep going...



Member of



# Alzheimer Portugal

Av. Ceuta Norte, lote1 - lojas1 e 2  
Quinta do Loureiro | 1350-410 Lisboa

Tel. 213610460 | Fax. 213610469

[www.alzheimerportugal.org](http://www.alzheimerportugal.org) | [alzheimer@netcabo.pt](mailto:alzheimer@netcabo.pt)

